



God was real. So were spirits. The Bible was sacred. So was the land. Prayer could heal. But so could bone-set and tobacco poultices. They feared the devil. But they knew the real evil was often human: abusers, thieves, traitors. And yes, they hexed them. They might light a candle and quote Psalm 91—and bury a nail in the dirt to keep someone away. That wasn't hypocrisy. That was survival.

Granny Witch Theology (If you can call it that.)

The Granny Toolkit
What she carried:

- Iron nail - protection and permanence
- Feather - messages carried on the wind
- Key - opens, closes, guards thresholds
- Salt - purifies and preserves
- Bible verse folded small - faith in the pocket
- Herbs and roots - medicine from the Maker's own earth

Modern witch or mountain woman, you probably carry your own versions of these things: your phone notes full of affirmations, your lucky charm, your candle by the sink. The form changes. The purpose doesn't.



Because: They used what worked—whether it was the blood of Christ or a lock of hair tied to a poplar branch. Their faith was functional, not performative. Healing mattered more than appearances. The church didn't always approve—but the community came anyway. Mamaw's poultice healed the burn when the doctor didn't come. They knew justice sometimes required protection. A hex wasn't always harm—it was boundaries.

How could they "hex" & still be "holy"?

Keeping the Tradition -
The Line Continues

Every generation rediscovers what their grandmothers already knew:

Healing is holy work.
Protection is prayer.
And magick—real magick—is what happens when you act in love and live in truth.

You don't have to wear the name "witch" to walk in that lineage. You only have to listen to the whisper that says: take care, keep faith, and use what works.



The Backbone of the Mountain
Granny witches—sometimes called "granny women," "witch doctors," "conjure women," or "yare doctors"—weren't cartoon witches with broomsticks. They were the backbone of the mountain—especially in Appalachia, where doctors were scarce and churches were many. These women: delivered babies, healed wounds and fevers, broke curses and cast a few of their own. Used herbs, roots, prayers, and spells in the same breath. Quoted scripture while stirring a poultice. And here's the secret: they saw no contradiction between hexes and holy. Because for them, power was power—and God knew their hearts.



So Can You Have Hexes and Holy?

Hell yes, you can. You already do. You're not inventing something new—you're remembering what was true before it got buried in shame and Sunday suits.

This is why people like you are reviving the practice—not to play witch, but to reclaim the sacred authority that was taken from women.

Especially poor, Appalachian women.



Between Heaven & Holler
Before there were clinics, there were kitchen tables. Before there were preachers in pulpits, there were women whispering scripture over the sick. They called them granny witches—sometimes healer, sometimes heretic. They carried the burden of both grace and grit, using whatever the mountain provided. They did not separate spirit from soil, or prayer from poultice. They lived in the place between.

How Can You Have Hexes and Holy?

Because granny witches lived in the space between. They had to.



Psalm 91: "He shall give his angels charge over thee..."

ABOUT THIS ZINE

A ZINE (SHORT FOR MAGAZINE) IS A SMALL, HANDMADE BOOKLET — PART ART, PART STORYTELLING, AND A LITTLE BIT SPELL.

THIS ONE WAS CREATED TO BE PRINTED ON A SINGLE SHEET OF PAPER, FOLDED IN YOUR HANDS, AND PASSED ALONG WHEN THE MOMENT FEELS RIGHT.

EVERY PANEL HOLDS A PIECE OF TRUTH — SOMETHING TENDER, ROOTED, OR RAW — MEANT TO REMIND YOU THAT SMALL THINGS CAN STILL CARRY POWER.

ZINES HAVE LONG BEEN TOOLS OF SELF-EXPRESSION, REBELLION, AND CARE. AROUND HERE, THEY'RE A QUIET KIND OF MAGIC — THE KIND THAT TRAVELS FROM ONE HAND TO ANOTHER, WHISPERING "YOU'RE NOT ALONE."

INSTRUCTIONS: HOW TO FOLD YOUR ZINE

STEP 1

CUT THE BORDERS OF THE PHOTOCOPY.

STEP 2

FOLD THE PAPER IN HALF LONGWAYS, FOLLOWING THE LINE. UNFOLD IT.

STEP 3

FOLD THE PAPER IN HALF SIDEWAYS, FOLLOWING THE LINES. FOLD IT AGAIN IN HALF SIDEWAYS.

STEP 4

UNFOLD EVERYTHING. YOU SHOULD SEE 8 RECTANGLES.

STEP 5

FOLD THE PAPER SIDEWAYS AGAIN.
CUT ONLY THE CENTER FOLD HALFWAY (DASHED LINE)

STEP 6

UNFOLD SLIGHTLY, THEN PUSH THE TWO SIDES INWARD TO FORM A SMALL BOOK. FOLD IT FLAT — NOW YOU HAVE YOUR FANZINE!

STEP 7

ON EACH PAGE DRAW THE SITUATION DESCRIBED.